

CALLING ALL MENDED HEARTS!

Many of our members have had open heart surgery of some type, complete with cardiac rehab, diet changes, doubts, physical discomforts, medical follow-ups, etc. When Dave and I went through this in January (and we are still in the process with rehab), I sought the advice and support of the only two people in our church whom I knew had gone through this experience. If we have heart healthy recipes or items of interest to share, we can do this through contact. We know that we can and have found strength in one another. If you would be interested in being a part of this support group, please contact me at 615-494-3822. Sharing the love of Christ in all we do, Pat McIntosh

SUMMER THEATRE CAMP

This summer from June 8 to June 27, David and Kristi Shamburger will direct a Summer Theatre Camp for children and youth ages 5-15 right here at First United Methodist Church. They have led this camp as part of Campus School's Summer Arts Academy for the last three years producing The Music Man, Jr., Annie, Jr., and Guys and Dolls, Jr. The camp will meet Mondays-Fridays from 12:30 p.m. to 3:30 p.m. and will produce a full scale production of Fiddler On the Roof, Jr. All campers will perform. If you would like more information and a registration form, email Kristi Shamburger at dksham@yahoo.com. Space is limited so register today!

ADULT FITNESS

The Adult Fitness group is ongoing. If you are interested in a non-threatening environment in which to stretch, work on core body strength, balance and enjoy the camaraderie of a jovial and supportive group, come join us on MWF from 8:55-10:00 am in room 215, **Call Mary Belle Ginanni at 895-6072** for information.

Up and Coming @ FUMC

is published bi-weekly by First United Methodist Church, 265 W. Thompson Lane, Murfreesboro, TN 37129.

April 20, 2009

Vol. No. 8

PREACHING SCHEDULE

April 26

8:30 am in the Family Life Center
8:30 am in the Sanctuary
11:00 am in the Family Life Center
11:00 am in the Sanctuary

Virginia Yeargins
Carlos Uroza
Tommy Perkins
Miriam Seyler

May 3

8:30 am in the Family Life Center
8:30 am in the Sanctuary
11:00 am in the Family Life Center
11:00 am in the Sanctuary

Virginia Yeargins
Michael O'Bannon
Dewey Smith
Michael O'Bannon

May 10

8:30 am in the Family Life Center
8:30 am in the Sanctuary
11:00 am in the Family Life Center
11:00 am in the Sanctuary

Tommy Perkins
Michael O'Bannon
Miriam Seyler
Michael O'Bannon

MORNING PRAYER

Before the workday begins, gather with us in the quiet of the sanctuary for a time of prayer, Scripture, and holy conversation. 7:00-7:15 Monday-Friday.

CHURCH-WIDE RETREAT

Just two weeks to the RETREAT! Yes, it is fast approaching! We have bathrooms left, so go ahead and join us for this wonderful, spirit filled weekend where you can fellowship and get to know church members as we retreat together, eat together, worship together, and grow even closer to God together. Time is running out...register in the narthex TODAY! Our adult retreat theme surrounds itself around the dinner table and what problems and joys are shared as we fellowship around a table.

DISASTER RELIEF

The Rutherford County EMS will have a clean up day on Saturday, April 25th. If you want to participate, please call and sign up so we can call you when we get all the details. If you want to help with a donation make your check out to First United Methodist and put Disaster Mission Relief on bottom of check. Anyone who is able to cut and carry wood needs to call me to sign up. You will go to St. Mark's UMC (this week or until further notice) at 7:00 a.m. for breakfast and go to a work site. Lunch will be provided and you will go back to St. Mark's at 4:00 p.m. If any of you know of anyone needing assistance, please call so we can help.
Dewey L. Smith, Missions Director

LOAVES AND FISHES SERVICE OPPORTUNITIES SUNDAY

The Loaves and Fishes Campaign this year was divided into two parts. The first part was the financial commitment in which church members made their financial pledge to the 2009 church operating budget. The second part is the church member's service commitment to the church. Each Sunday through May 17 our seven ministry groups will give a brief witness at each worship service to remind us what your service commitment to the ministry of 1st Church makes possible. Your service commitments will be for a one year period from July 1, 2009 to June 30, 2010. When you receive the service opportunities brochure and commitment card, you will be asked to prayerfully consider the areas in which you will serve. Sunday, May 24th, will be our Service Commitment Sunday.

MOTHER DAUGHTER BANQUET Buttons, Bows and Blessings

The annual Mother Daughter Banquet is Wednesday, May 6th. Join us for this wonderful evening when all women are celebrated as the MEN serve and wait on us. Festivities begin at 5:15 pm with professional photography in the narthex and appetizers in the Family Life Center. Dinner begins at 6:00 pm with music and a devotion following. Come for prizes and first dibs on center pieces. Cost is \$8.00 for adults and \$5.00 for children - that includes appetizers, a beautiful salad, delicious meal and scrumptious dessert. The banquet committee is hard at work preparing for everything in **Buttons, Bows, and Blue** to welcome you for an evening of **Blessings**. Register in the Narthex or in your church bulletin. See you on the 6th!

MEN AND BOYS NEEDED TO SERVE AT THE MOTHER DAUGHTER BANQUET

If you would like to repay in kind to your better half or significant other or mother by serving at the Mother Daughter Banquet, please email or call Tami Smith at tsmith@fumcm.org or 893-1322. We need about 20 to 25 men or boys (who are old enough to carry glasses and plates).

