

# WINTER 2012

(January 18 - April 18)

**NOTE: On Wednesday, February 22<sup>nd</sup>, all age groups are invited to gather in the sanctuary at 6:30 pm for a special Ash Wednesday Worship Service.**

## ADULT PROGRAMS

**FAITH LESSONS**--The final volume of a thirteen volume series with renowned teacher and historian Ray Vander Laan. God's story continues with a focus on His people. Discover how their passionate faith prepares the way for Jesus and his ultimate act of obedience and sacrifice at the cross. Then, be challenged in your own life to live as they did-by every word that comes from the mouth of God. Discussion relating to the video follows each episode. *No Cost (Jack Gritton) Room 208*

**FINANCIAL PEACE UNIVERSITY** by Dave Ramsey--More than 1.5 million families have attended Financial Peace University with amazing results. On average, these families paid off \$5,300 in debt and saved \$2,700 in just the first 90 days! Stop worrying about money, and start your journey to Financial Peace today. *Cost: \$100.00 per family unit (Michael Hamby) Room 113*

**NO BOUNDARIES**--A walking/running group after Wednesday night dinners. Program focuses on beginners, but all levels are welcome. Group training, runs or walks, and educational clinics provided. Topics include nutrition, choosing the right gear, and avoiding injury. Registration requested prior to start of class. *Cost: \$90.00 (includes educational programs, 5K race entry fee, & 'technical/wicking' T-shirt) (Vivian Tucker, 556-5226 or vivian.l.tucker@gsk.com) Room 202*

**SUN STAND STILL**--"Does the brand of faith you live by produce the kinds of results in your life that you read about in the biblical stories of men and women of faith? Chances are, not even close." But it doesn't have to stay that way. This study challenges you to believe that the audacious faith that we see in the Bible, the faith that caused a man to pray and see the sun stand still in the sky, is the same faith we can claim for ourselves today. This is more than just another book. It's a call to all of us to begin living the life of audacity God has created and saved us for. *Cost: \$15.00. (Maridel Williams) Room 211*

**ONE OF US MUST BE CRAZY. . . AND I'M PRETTY SURE IT'S YOU: MAKING SENSE OF THE DIFFERENCES THAT DIVIDE US**--This marriage study will be a fun and highly effective study on ways to improve your marriage by learning to understand your spouse. The book is by Christian authors, Tim and Joy Downs. Here is the description from the authors: "Marriages are under increasing strain these days, with over half of them ending in divorce. Conflict is seen as grounds to end a marriage, rather than an opportunity to grow closer to each other and to God." *Cost: \$15.00 (if you want us to order the book for you.) Book is also available at Lifeway and Amazon, either in print or Kindle. (Jamie and Adrienne Evans) Room 215*

**HISPANIC FELLOWSHIP**--A weekly Spanish Bible study which begins on Wednesday, February 29<sup>th</sup>. *No Cost (Rev. Enrique Hernandez) Room 212*

**MISSION TAHLEQUAH**--Our church will return to Tahlequah, Oklahoma for our summer mission trip. This class will focus on trip planning, fundraising, and visioning. All are invited. *No Cost (Dewey Smith) Room 114*

**PASTOR'S STUDY**--A weekly study of the books of the Bible. All are invited. This study will begin on Wednesday, January 25<sup>th</sup>. *No Cost (Rev. Michael O'Bannon) Room 112*

**INVITATION TO THE NEW TESTAMENT**--Explore the writings of the New Testament using the story of Jesus as the starting point. *Cost: \$15.00 (Rev. Thad Austin, Dana Farley, and Ryan Korstange) Room 217*

**LIFE PRINCIPLES TO LIVE BY** By Dr. Charles Stanley--Weekly sermon from Dr. Charles Stanley's "Life Principles to Live By" series. Each week we will watch a sermon on one of Dr. Stanley's "Life Principles", with group discussion to follow. Each session is unique, so prior attendance is not necessary. *No Cost (Evan and Beth Cope) Room 218*

**YES I CAN! DIABETES SELF-MANAGEMENT**--A class about learning the techniques and strategies for day-to-day management of diabetes. Workshop topics include healthy eating, sharing/problem solving, action planning, exercise, preventing hypoglycemia, monitoring glucose, stress/depression, medications, preventing complications, communication skills, and sick days. Participants are encouraged to attend with a family member, friend, caregiver, or support person. Sessions will be from 6:00 to 8:30. *Pre-registration form needs to be filled out in church office prior to start of class. No Cost (Belinda Fanning) Room 209*

**WHAT'S A PARENT TO DO? A WORKSHOP FOR PARENTS**--Do you want to help your child know Jesus better at home? A casual conversation about parenting and matters of faith. *Optional Book Cost (Daryn Chavis dchavis@fumcm.org) Room 216*

## SUPPORT GROUPS

**MILITARY SMALL GROUPS**--The military ministry welcomes current and former service members and military spouses to join us for small group studies. If interested in participating, plan to do so by Feb. 1st. For questions or more information email: [militaryministry.fumcm@gmail.com](mailto:militaryministry.fumcm@gmail.com). *No Cost (Ashley Brannom) Room 210/Spouses-Library*

**INFERTILITY, PREGNANCY LOSS, & ADOPTION**--This group is meant to provide support to those who have experienced or are experiencing infertility, pregnancy loss, or are going through the adoption process. Our purpose is to share experiences and discuss the role faith plays in guiding us through the difficult times. *No Cost (Kerry Kilcoyne, kerryk74@yahoo.com) Room 214*

**CONQUERING CODEPENDENCY**--Do you have difficulty setting limits, speaking up for yourself, dealing with anger, feeling overly responsible for others, pleasing others at any cost? New members are welcome to this on-going support group that *meets year-round*. For more info., call 896-9202. *Book fee \$16.00 Room 213*

## AFTERNOON STUDY

**LENTEN STUDY: GENESIS OF GRACE**--A 4:30-5:30 class beginning the first Wednesday after Ash Wednesday and continuing through the Wednesday of Holy Week. Seasonal study to take us through the days of Lent. We will read Genesis of Grace: A Lenten Book of Days by John Indermark. *Cost \$12.00 (Rev. Miriam Seyler) Room 112*

## YOUTH PROGRAMS

**FUMY Discipleship Project**--If you're interested in going deeper in your relationship with God and your involvement in the FUMY community, you need to be in a discipleship group. We offer a variety of small groups with different focus and content...so come and find the one that is right for you, and don't worry, if you're interested in learning about something we're not currently teaching, just ask and we'll make it happen. This time is geared completely

around you... answering your questions, addressing your concerns. The goal is to help you grow in Christ. For more information about the topics currently being discussed by the various small groups, consult our website [www.fumyapp.com](http://www.fumyapp.com), under the "about us" tab. *Youth, 7<sup>th</sup> - 12<sup>th</sup> grade 6:00-7:30 in the youth wing*

## CHILDREN'S PROGRAMS

Ages Birth - 3 Nursery Available 5:30 - 9:00 pm

### SINGING CHOIRS

**(Cherub Choir)** 4 Year Olds/Pre K  
**Must be 4 before Sept. 30, 2011**

6:30 - 7:00 pm Room 201

**(Singing Angels)** Grades K and 1  
6:30 - 7:00 pm Room 205

**(Peacemakers Choir)** Grades 2 and 3  
6:15 - 7:00 pm Room B1 (next to Choir Room)

**(Hallelujah Choir)** Grades 4 - 6  
6:15 - 7:00 pm Choir Room

**(Hallelujah Ringers)** Grades 4 - 6  
7:00 - 7:30 pm Balcony

### "BIBLE ZONE"

Come discover and learn about your Christian Beliefs and stories from the Bible.

4 Year Olds/Pre K, Room 109 (7:00 - 7:30 pm)

Grades K - 1, Room 205 (7:00 - 7:30 pm)

Grades 2 - 3, Room 203 (7:00 - 7:30 pm)

Grades 4 - 6, Room 207 (7:00 - 7:30 pm)

**Children Pick-up at 7:30 pm**

### SNOW POLICY

Snow season is upon us, and it is important to have a policy for programming when the weather is threatening. Therefore, please make note of the following policy regarding inclement weather: If the Rutherford County and/or Murfreesboro City Schools are closed because of inclement weather (snow, tornado, heavy rains, etc.) all church-sponsored evening programming at the church campus will be cancelled. This includes meetings, meals, choir rehearsals, and weeknight worship services. This does not include any programming by outside groups (e.g., Al-Anon, Community Bible Study, etc.) Sunday morning worship services will not be cancelled due to inclement weather. If anyone has a question, please call the church office.

## THE WINTER 2012 MENUS

**ATTENTION PARENTS**--It is very important for the Kitchen Crew to know whether your child will eat a Child's Plate or Snack Meal. Please plan in advance by filling out a reservation card prior to each dinner so we know how many to prepare. Snack meals are prepared for those requesting them in advance. We make extras for last minute changes, but unfortunately we cannot always predict them!! Also, we include a dessert in each Snack Meal. The desserts on the carts are for the ADULTS and the children eating a plate dinner.

#1 Jan. 18 - Chili, Cheese Cornbread, Salad Bar, and Chocolate Cake; Snack: Grilled Cheese, Chips, Fruit Cup

#2 Jan. 25 - BBQ, Baked Beans, Cole Slaw, Potato Salad, Rolls, Salad Bar, and Peach Cobbler; Snack: Pigs in a Blanket, Chips, Cookie

#3 Feb. 1 - Egg Rolls, Orange Chicken & Rice Stir-Fry, Vegetable Medley, Salad Bar, and Ice Cream Bar; Snack: Pizza Bites, Chips, Fruit Cup

#4 Feb. 8 - **Boy Scout Troop 106 Fundraiser** - Baked Potato Bar, Salad Bar, and Assorted Desserts

#5 Feb. 15 - Hot Chicken Salad, Squash Casserole, Lima Beans, Rolls, Salad Bar, and Pecan Pie & Chess Pie; Snack: Chicken Tenders, Chips, Cookie

#6 Feb. 22 - **“Biblical Meal for Ash Wednesday”** - Fish, Bread, Cheese, Olives, Dates, Onions, Raisins, Figs, Cucumber, Eggs, Honey, etc.; Snack: Fish Sticks, Fruit Cup, Cookie

#7 Feb. 29 - **Cub Scout Pack 321 Fundraiser** - Chili, Salad Bar, and Assorted Desserts

#8 March 7 - Lemon Pepper Chicken, Long Grain Rice, Green Peas W/Carrots, Rolls, Salad Bar, and Chocolate Cake & Lemon Cake; Snack: Hot Dogs, Chips, Fruit Cup

#9 March 14 - Meal Loaf, Mashed Potatoes, Green Beans, Rolls, Salad Bar, and Apple Pie W/Ice Cream; Snack: Chicken Tenders, Raw Veggies, Fruit Cup

March 21 - **School Spring Break Week - No Supper or Programs**

#10 March 28 - Jambalaya, Red Beans and Rice, Salad Bar, and Pound Cake & Banana Pudding; Snack: Turkey Roll-ups, Cheese Cubes, Chips

#11 April 4 - **Missions Fundraiser Catfish Fry** - Catfish, Hushpuppies, Coleslaw, White Beans, Salad Bar, and Assorted Desserts; Snack: Fish Sticks, Chips, Fruit Cup, Cookie

#12 April 11 - Hamburger Steak W/Mushroom Gravy, Green Beans, Mashed Potatoes, Rolls, Salad Bar, and Fudge Pie Brownies; Snack: Hamburger, Chips, Fruit Cup, Cookie

#13 April 18 - Breakfast Casserole, Hashbrowns, Sausage Links, Salad Bar, and Coffee Cake; Snack: Pigs in a Blanket, Chips, Fruit Cup

**LOW SUGAR** desserts are available for those on sugar-restricted diets. Make your request on a reservation card.

**\*All Menus Are Subject To Change Without Notice!**

**OUR WEDNESDAY NIGHT SUPPER is served beginning at 5:00 pm in the Family Life Center, followed by programming for all ages to promote Christian fellowship through the breaking of bread and Spiritual growth from the opportunities listed.**

Cost: \$6.00 Adults \$4.00 Salad / Beverage Only  
\$2.00 Snack Bag \$2.00 Children 12 &

under

\$20.00 Maximum Cost Per Family

**First United Methodist Church**  
**265 W Thompson Lane**  
**Murfreesboro, Tennessee 37129**  
**893-1322**  
**E-mail: [office@fumcm.org](mailto:office@fumcm.org)**  
**Website: [www.fumcm.org](http://www.fumcm.org)**